

October 2014 Breakfast Menu

SOUTH POINT LOCAL SCHOOLS

Menu's Are Subject To Change

USDA is an Equal opportunity provider and employer.

Mon	Tue	Wed	Thu	Fri
Graham Crackers served Daily		1 Cereal Or Peanut Butter/Jelly Bar	2 Banana Muffins Or Cereal Bar	3 Pancake Sausage Or Cereal
6 Super Bun Or Cereal	7 Egg & Cheese Burrito Or Poptart	8 Egg & Sausage on English Muffin Or Cereal	9 Waffles Or Poptart	10 Pancake Sausage Or Cereal
13 Breakfast Pizza Or Cereal	14 Super Donuts Or Nutrition Bar	15 Cereal Or French Toast Mini's	16 MVP Breakfast Donut Or Cereal Bar	17 Pancake Sausage Or Cereal
20 Egg and Biscuit Or Cereal	21 Yogurt / Graham Cracker Or Poptarts	22 Cereal Or Nutrition Bar	23 Muffins Or Cereal Bar	24 Pancake Sausage Or Cereal
27 Cereal Or Poptart	28 Bagel Breakfast Pizza Or Peanut Butter Jelly Bars	29 Cereal Or Cereal Bar	30 Funnel Cakes Or Nutrition Bar	31 Pancake Sausage Or Cereal

Milk, Fruit or Juice are offered daily with Breakfast

Breakfast	.75
Reduce Breakfast	.25
Extra Milk	.25

Free & Reduced - Meal Applications can be obtained from all building Offices at any time throughout the school year.

To check the balance in your account, can be done through school website

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NONFAT MILK SERVED WITH ALL MEALS	USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER	1 Baked Pork Chop Red Potatoes Broccoli Peaches Roll	2 Chili Peanut Butter Sandwich Celery Sticks Pineapple	3 Pizza Salad/ Romaine Lettuce Ranch Dressing Carrots Apples
6 Beef Ravioli Broccoli Applesauce Bread	7 Beanie Weenies Cheese Sandwich Mixed Veggies Pears	8 BBQ Cole Slaw Corn Pineapples	9 Mozzarella Bread Sticks Pizza Sauce Green Beans Oranges	10 Corndogs Oven Fries Carrots Grapes
13 Hot Dogs Baked Beans Potato Wedges Apple	14 Chicken Nuggets Mashed Potatoes Green Beans Mixed Fruit Roll	15 Sloppy Joe Cole Slaw Carrots Bananas	16 Beef Taco Salsa Doritos Lettuce / Cheese Applesauce Cup	17 Pizza Salad / Romaine Lettuce Ranch Dressing Orange
20 Hamburgers / Pickles Oven Fries Carrots Grapes	21 Mini Corn Dogs Broccoli Peaches	22 Chicken & Noodles Mashed Potato Green Beans Applesauce Cup Roll	23 Chili/ Chips & Cheese Celery Sticks Oranges	24 Mozzarella Cheese Sticks Pizza Sauce Carrots/ Ranch Dressing Pineapples
27 Super Beefy Nachos Refried Beans Corn Sherbet Cups	28 Fish Sticks Broccoli Mac & Cheese Applesauce Cup	29 Salisbury Steak / Gravy Mashed Potatoes Green Beans Peaches Roll	30 Chicken Strips Garden Salad Ranch Dressing Pears Jell-O	31 Pizza Carrots Ranch Dressing Apples